

# High School Basketball Introduction

Braswell HS 2026-2027 season

# PROGRAM HISTORY

2016-2017–5A 11-21

2017-2018–5A 15-18

2018-2019–5A 27-8

2019-2020–5A 26-10

2020-2021–6A 21-8

2021-2022–6A 21-12

2022-2023–6A 18-16

2023-2024–6A 25-10

2024-2025–6A 24-12

2025-2026-6A 19-16

# ACADEMICS/BEHAVIOR

-Fall of 2023–5th period 3.64 GPA

-Fall of 2024–5th period 3.8 GPA

-Fall of 2025–5th period 3.73 GPA

# Summer Camp and Gym Times

- Summer camp is very beneficial for incoming Freshman. Camp will be held June 8-11, 9:30am-2:30pm. Register on rank one.
- [Basketball Summer Camp Flyer.docx](#)
- We will have gym time during the summer after camp has concluded. Exact times are TBD and will be shared at camp.

# Physicals and Rank one paperwork

- All incoming freshman must have a new UIL physical prior to the first day of school. Physicals must be on the UIL form. If your student athlete is in fall basketball they should be scanned and submitted in rank one. If you are submitting just a couple of days prior to the start of the school year they can also be sent to [nsekeres@dentonisd.org](mailto:nsekeres@dentonisd.org) or a hard copy should be brought to Coach Sekeres. Do not send them to the high school office or nurse.

## UIL physical

-Rank one paperwork is scheduled to be available to complete around May 1.

# High school teams for 2026-2027

- VARSITY (generally between 9-12 players)
- JV (generally 12-14 players)
- FRESHMAN A (9-11 players)
- FRESHMAN B (10-14 players)
- In 2021-2022 we started our 9B team and kept 23 freshman. 2 on JV, 10 on 9a, and 11 on 9b
- In 2022-2023 we kept 24 freshman in program. 1 on varsity, 1 on JV, 22 on the 9a and 9b
- In 2023-2024 we kept 23 freshman in program, 1 on jv, 9 on 9a, 13 on 9b
- In 2024-2025 we kept 25 freshman in program, 1 on varsity, 0 on jv, 10 on 9a, 14 on 9b
- In 2025-2026 we kept 26 freshman in the program, 1 on jv, 10 on 9a, 15 on 9b

# What do you need before a tryout?

- UIL paperwork on rankone website completed electronically [Link Here](#)
- Students need to have shoes and athletic clothes for tryouts...we won't issue gear/equipment until after tryouts
- Physical completed

# Piercings

- Basketball players must refrain from getting a new piercing just before school starts. For safety reasons all jewelry must be removed daily for all practices and games year round.
- Players getting new piercings should do it earlier in the summer so that they can be removed daily during practice starting on the first day of school. Players will not be allowed to tryout or participate in a practice with jewelry on.

# Tryout process

- Students in offseason basketball will need to be ready to tryout the first week of school. Any student that plans on trying out and does not play football **MUST BE IN THE OFFSEASON BASKETBALL CLASS at the start of the school year**
  - Offseason cuts will be made around the 2nd-3rd day of school (likely keeping around 20 in offseason basketball)
  - Those not making it past the first cut will be getting a schedule change out of basketball
  - Students that are playing football will not tryout until the day after their season ends in November.

## FACTORS:

- Basketball Skill and System Fit
- Grades and Behavior
- Dependability

# Fall offseason basketball (August - October)

- If at any point in the fall it becomes apparent a kid will not make the team he can be removed mid fall, prior to the 'final cut'.
- Basketball kids will have basketball specific workouts with basketball coaches daily during the athletic period
- We will have weightlifting and plyos everyday. (Freshman likely before school, JV/V after school)
- Weekly pm leadership lessons (Thursdays)
- We will have daily gym times for their skill development (exact schedule TBD)
  - Post weight room open gym
  - AM shooting times before 1<sup>st</sup> period
- Fall playing opportunities for those we feel are ready (showcases/shootouts)

# Regular Season---Starts Oct 28

- Football kids will join for tryouts the day after their last game. Last regular season game for freshman football is Nov 4-5.
- We hope to have our freshman team decided by Nov 6/7. If football kids do not make the basketball team they will return to football offseason
- If offseason basketball kids do not make the basketball team after final tryouts they will get a schedule change.
- From Oct 28 through our last game all before and after school workouts are 100% MANDATORY, including those on non-school days (Thanksgiving week, winter break, Saturdays).

# Estimated regular season practice times

- Freshman (usually practice in the morning):
  - Most practices will start at approx. 6:50 am
  - Saturday 8:00-10:30AM (freshman group 1)
- JV/V (usually practice in the pm):
  - Practices early in season may go until 6:30 PM, typical practices mid season will go until 6:15 PM, late season practices may end by 6:00 PM
  - Saturday 10:00am-1:00pm early in season with shortened Saturday practices 2<sup>nd</sup> semester.

## MONDAY PRACTICES LIKELY TO BE FLIPPED

We will have a game or a mandatory practice on every non-Sunday from the start of the season (from Oct 28rd until end of our season)

--Very few exceptions to this.....

# Holiday week workouts--- all mandatory

- Thanksgiving week:
  - Monday Nov 23---practices or games
  - Tuesday Nov 24---practices or games
  - Wednesday Nov 25-practice
  - Thursday Nov 26—off
  - Friday Nov 27---off
  - Saturday Nov 28---practice (freshman group 1 only, group 2 likely off)
- Winter break:
  - Wednesday Dec 23—Sunday, Dec 27---off
  - Monday Dec 28---9b off, 9a and jv tournament, varsity practice
  - Tuesday, Dec 29,—9b off, 9a and jv tournament, varsity practice
  - Wednesday, Dec 30—return to regular schedule (all levels daily game or practices)

# Cost of Participation

- There is no 'pay to play' fees
- Encouraged Booster Club Membership (\$50/\$80)
- Varsity player banner (once in career purchase when player reaches Varsity)
- Optional Spirit wear (shirts, hoodies, socks etc. )
- Shoes purchase on your own (new shoe purchases should be in school colors or neutral...red, black, white, silver, grey)
- Encouraged Travel Meals --around \$85 per player (covers road games on days of school)
- Fall Applebee's breakfast---(\$12 per person)
- End of season banquet—(\$20-25 per player)
- Offseason Spring/Summer Leagues fees (more info after season)

# 2027 Spring/Summer

- Post season spring workout times will be similar to our preseason September/October times
- Those selected for our spring/summer team events will have a playing schedule mostly in the first 3 weeks of June.

# Booster Club—Helping the program

- Decorations and Signs
- Weight room equipment
- Tourney Expenses
- Hudl Synergy Memberships
- Bench Towels
- Socks
- Uniforms
- Compression Shirts
- Scorebooks
- Slipnotes
- Nets
- Handle Fitness
- NOAH
- Gameday attire
- Travel Bags
- Laundry equipment
- Practice Uniforms
- Embroidery
- Travel Gear
- Office Supplies
- Tourney fees/expenses
- Spirit Events
- Winter Jamboree
- Team photos
- Guns/Dr. Dish

# Booster Club—Future investment

2018—\$1000

2019—\$1000

2020—\$3000

2021—\$3000

2022—\$3500

2023—\$5000

2024—\$5000

2025—\$6500

2026—\$7000

-Our Booster Club has provided \$132,000 in scholarship to our players

-\$97,000 in the last four years

# Website and contact info

## WEBSITE LINK

- ANY BASKETBALL PROGRAM QUESTIONS SHOULD BE DIRECTED TO COACH SEKERES
  - [nsekeres@dentonisd.org](mailto:nsekeres@dentonisd.org)